

Personal development course

Course Program - II semester

Soft Skills Training and Communication Skills Development

Seminars for Group G1

Personal Development: your own Hero Journey with LEGO® SERIOUS PLAY® method

Wednesday, March 6th 2024, 2.30 – 4.30 p.m., Room I,

Alessandro Gobbo, Founder HeartBrain S.r.l., Facilitatore certificato LEGO SERIOUS PLAY Method

The Power of Emotions in Public Speaking

Wednesday, March 13th 2024, 2.30 – 4.30 p.m., Room I, **Andrea Di Martino, MentalCoach and Trainer**

How to boost your communication efficacy

Wednesday, April 10th 2024, 2.30 – 4.30 p.m., Room I, **Luigi Drei, Docente and Trainer**

Seminars for Group G2

Emotional communication to improve your relationships. *Students give a presentation in pairs or alone. Discussion and Feedback.*

Thursday, March 7th 2024, 1.30 – 3.30 p.m., Room G, **Doriano Marangon, MIP Professor and Coach, Roberta Virtuani -UCSC**

The Power of Emotions in Public Speaking.

Wednesday, March 13th 2024, 2.30 – 4.30 p.m., Room I, **Andrea Di Martino, MentalCoach and Trainer**

How to boost your communication efficacy.

Thursday, April 11th 2024, 1.30 – 3.30 p.m., Room G, **Luigi Drei, Docente and Trainer**

The Mindset for High Performances.

Thursday, April 18th 2024, 1.30 – 3.30 p.m., Room G, **Paola Pagani, Your DestinAction Coach**

Purpose fuels passion: how to discover and best direct your personal and professional energies.

Thursday, May 2nd 2024, 1.30 – 3.30 p.m., Room G, **Rosita Cordasco, Executive Coach and Trainer**

Seminars

Università Cattolica del Sacro Cuore

Via Emilia Parmense, 84 – Piacenza

In collaborazione con Stage & Placement

Informazioni:

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